

## Join Us at the August Luncheon



**CORINNE AUMAN, PhD**  
Founder and CEO,  
Choice Care Navigators

### ► THE PROGRAM The Impact of Ageism on Your Medical Practice or Business

Are you ageist? Do you view people differently and judge them based on their age? The answer is probably yes. Discrimination against an individual based on their age is called ageism. It is one of the last acceptable stereotypes, and it has a profound impact on individuals who experience it. Together we will discuss ageist messages in media, healthcare and personal interactions, as well as internalized ageism and what we can do to prevent and counteract it.

### ► THE PRESENTER

Corinne Auman, PhD, founded Choice Care Navigators to help families navigate the senior care world. She earned a PhD from NC State University, where she studied developmental psychology with a specialty in adulthood and aging. She is a nationally certified guardian and advanced professional member of the Aging LifeCare Association.

### ► THE LUNCHEON

WHEN: 11:45 – 1:00 p.m., Wednesday, Aug. 16, 2023

WHERE: Starmount Forest Country Club

COST: Free with membership; \$25 for guests

RSVP: Visit the website at [www.gmdm.org](http://www.gmdm.org) to register for the luncheon

RESERVATIONS REQUIRED; PLEASE NOTE ANY DIETARY RESTRICTIONS

Bring classroom supplies to the  
August Luncheon for our

## TEACHER SUPPLY DRIVE



### Most-Needed Supplies

#### Markers & Pens

Colored, Dry Erase, Sharpie & Ink

#### Pencils & Erasers

No. 2 & Colored

#### Paper

Copy, Graph & Construction

#### Notebooks

Composition & Spiral

#### Scissors

Adult & Child

#### Tape & Glue

Scotch, Masking & Glue Sticks

#### Pencil Sharpeners

Electric & Individual

#### Two-Pocket Folders

Post-It Notes & Index Cards

#### Binder Clips & Staplers

**MORE INFO: [GEANC.org](http://GEANC.org)**

Each August, GMDM's Community Service Committee hosts a supply drive for the Guilford Education Alliance's Teacher Supply Warehouse. This is a place where teachers can "shop" for needed supplies rather than having to spend their own money.

## MESSAGE FROM THE PRESIDENT

by Kevin Pearce



It's working! The unofficial motto of Guilford Medical & Dental Managers is "Each One, Bring One," and you are doing that.

Attendance is up at our luncheons, and that is because you are bringing guests to join you at the premier healthcare networking, professional development and training, personal support and community service organization in the Triad.

We have had seven new members join since Jan 1, 2023:

Mark Cheek, Labcorp; Wanda Williams, PACE of the Triad; Janet Bowen, Cone Healthy Weight & Wellness; Michael Stone, BrightStar Care of S. Greensboro; Deb Frisbee, Seniors Helping Seniors; Channing Pizzuto, AuthoraCare Collective; and April Moore, American Family Care.

Take a minute to introduce yourself to them if you have not already done so, and thank yourself for your efforts for GMDM!

On a related note, the GMDM Charity Classic golf tournament was a huge success with significant donations to Red Dog Farm Animal Rescue Network and the GMDM Scholarship Program. (See story, Page 4.) Thanks, as always, to Bruce Barton and the Golf Committee for a tremendous effort!

*Do you have questions or comments about GMDM? Email President Kevin Pearce at [Kevin.Pearce@authoracare.org](mailto:Kevin.Pearce@authoracare.org).*

## Getting to Know You: Active Member



**LAUREN CHASE, CARE CONSULTANT**  
**Home Instead of Greensboro**

**JOINED GMDM WHEN:** Fall 2020.

**WHAT PROMPTED YOU TO JOIN:** I was another home care organization's representative in GMDM when I joined in 2020. I have been with Home Instead since October 2021. When our previous GMDM representative left, I was happy to take her place as Home Instead's GMDM member.

**HOMETOWN/FAMILY:** I live in Greensboro with my husband and 10-year-old son.

**EDUCATION:** Associate Degree, Liberal Arts, Endicott College, Beverly, MA.

**HOBBIES:** Art, floral arranging and tennis.

**I WOULD LIKE PEOPLE TO REMEMBER ME AS:** I hope people think of me as kind and creative, with a good sense of humor.

**WAYS TO RELAX:** Spending time outside, reading and art.

**FAVORITE BOOK:** My favorite book is *Great Expectations* by Charles Dickens.

**SOMETHING YOU MAY NOT KNOW ABOUT ME:** I don't have any tattoos.

**COMMENTS ABOUT GMDM:** Over the last few years, I have really enjoyed my interactions with other members and have appreciated all of the interesting presenters/topics.



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Visit [www.HomeInstead.com/311](http://www.HomeInstead.com/311) or email Lauren Chase at [lauren.chase@homeinstead.com](mailto:lauren.chase@homeinstead.com)



### The Puzzler???

What is another word for "mosey"?

Look for the answer in one of the ads. Once you find it, email the answer and the ad in which the answer appears to newsletter editor Deanna Thompson at [deanna@thompsononline.biz](mailto:deanna@thompsononline.biz).



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## Distance Doesn't Have to Mean Distant

Back in the old days, we were stuck in a cultural conundrum: We worked on the same floor and never asked each other where we grew up. We waited in the grocery line and stared straight ahead instead of making eye contact. We lived in the same house and didn't know why we were hurting.

We knew about each other without knowing each other.

The challenges we're facing now are exposing the problem we've always had. Emotional distancing started long before we went virtual.

We have a precious opportunity to reconcile the disconnect – to savor what we've deprived ourselves of for so long:

Share a smile with a stranger. ... Call that person who has been on your mind for weeks. ... Your mailbox isn't just for bills; write an old-fashioned letter. ... Use your email for giving encouragement instead of making requests. ... Ask the question you've been too busy or too scared to ask. ... Get over the awkwardness of seeing your face on video and log on. ... Choose a stroll down memory lane over a scroll on your phone.

Distance doesn't have to mean distant. Now is the time to get close.

**Rich Schlentz** is the founder of EXTRAordinary! Communication ([www.reviveyourwork.com](http://www.reviveyourwork.com))  
Contact him at [rich@reviveyourwork.com](mailto:rich@reviveyourwork.com) or 336-317-4603.

### MONTHLY ENCOURAGEMENT

by Rich Schlentz



## HEALTHCARE LAW & YOU

by Karen McKeithen Schaede



**Q: I heard there's a new ruling that makes it harder for employers to deny an employee's request for religious accommodation. What has changed?**

**A:** The Supreme Court issued a ruling on June 29, 2023, that heightened the standard for employers attempting to prove "undue hardship" on their business when denying an employee's request for religious accommodation under Title VII of the Civil Rights Act of 1964.

In *Groff v. Dejoy*, the court announced that employers claiming the religious accommodation would result in undue hardship must show they would incur substantial difficulty or costs to implement the employee's request.

The suit was brought by a former US Postal Service employee who, as an evangelical Christian, believes that Sunday should be devoted to worship and rest. He resigned after receiving "progressive discipline" for declining to work on Sundays when the USPS began delivering Sunday packages for Amazon.

**Karen McKeithen Schaede**, a principal in Revolution Law Group ([www.Revolution.Law](http://www.Revolution.Law)), can be reached at [KSchaede@Revolution.Law](mailto:KSchaede@Revolution.Law). This article is for informational purposes only, not for the purpose of providing legal advice, and does not create an attorney-client relationship between Revolution Law Group and the reader.

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Provided by Rafe Martin, GMDM Member, ComTech

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# Red Dog Farm, Students Benefit from GMDM Charity Classic

The 2023 GMDM Charity Classic raised the most money of any golf tournament in the event's 11-year history. And that was good news for a local charity and for GMDM's own Scholarship Program. Each is receiving \$3,000 from the tournament proceeds.

## RED DOG FARM:

*'We rescue everything from horses to hamsters.'*

The charity that benefits from the tournament this year is Red Dog Farm Animal Rescue Network, which has rescued over 4,000 animals since it was started 17 years ago. Board President Morgan Love attended the July GMDM luncheon, where she noted that GMDM's \$3,000 donation would have a major impact.

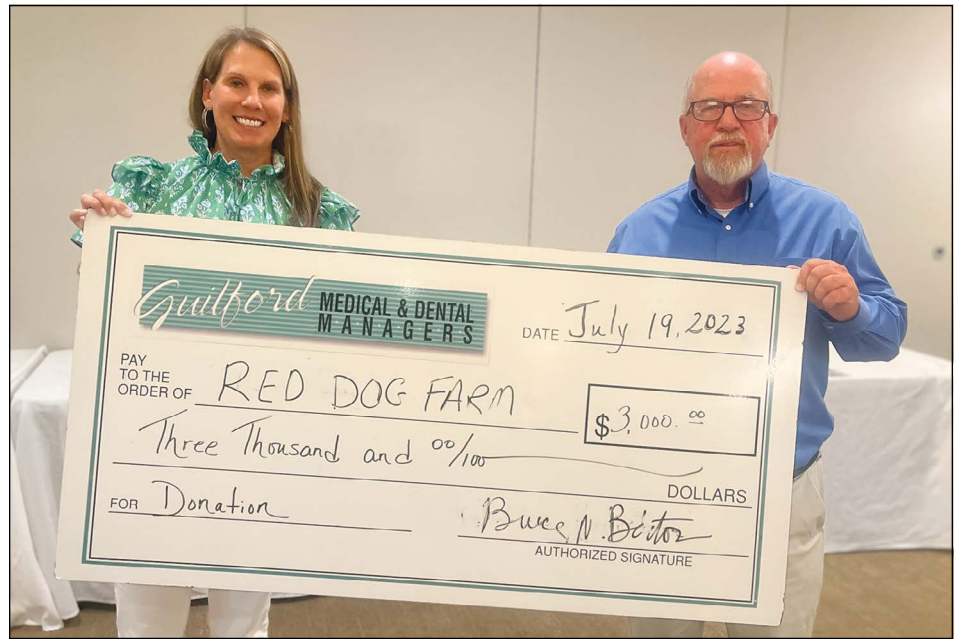
"This money will allow us to feed, care for and rehabilitate many animals in our community," she said. "Without donations like these, we would not be able to help so many unwanted and neglected animals."

## The Red Dog story

Love shared the following about the organization:

Red Dog Farm Animal Rescue Network was founded on August 23, 2006, by Garland and Gary Graham (who is president of GMDM member organization Graham Personnel Services) at their private home and farm. Within two years, Red Dog Farm had grown so much that they opened an off-site office and hired an executive director, Lauren Riehle. Four years ago, Red Dog Farm purchased a 21-acre farm in Stokesdale. Construction will begin next month on a 12-stall barn. There are currently six paid staff members.

Red Dog Farm's primary goal is to rescue and rehabilitate neglected, abused or otherwise unwanted animals in and around Guilford County. Most of the animals do not live on the farm, but rather are spread out across Guilford, Forsyth and Rockingham counties. Dogs, cats and exotic animals are in the



Bruce Barton (right), chair of the GMDM Golf Committee, presents Morgan Love, president of the Red Dog Farm Animal Rescue Network Board, with a \$3,000 check from the GMDM Charity Classic proceeds.

care of individual foster families. We have partnered with Greensboro and Winston-Salem Cat Cafes to foster many of our cats. We have many wonderful foster families with private farms who also help us care for and rehabilitate a number of our farm animals.

## Want to know more?

Visitors are welcome to visit the farm for tours. If you would like to support or learn more about Red Dog Farm, please visit [reddogfarm.com](http://reddogfarm.com) and follow us on social media.

## GMDM SCHOLARSHIPS:

*'Helping students pursue degrees in medical and dental fields'*

One or more students studying at local schools for careers in medical or dental fields will receive help with their costs this fall through the \$3,000 in golf proceeds donated to GMDM's Scholarship Fund.

If you know a student who could use assistance, contact Scholarship Committee chair Jen Arrington at [Jennifer.Arrington@conehealth.com](mailto:Jennifer.Arrington@conehealth.com) for more information.

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# Details Announced for GMDM Recognition Event in October

Join us as we celebrate 43 years of GMDM success and service to the community on Thursday, Oct. 26, 2023, at our annual recognition event, to be held at the Greensboro Regional Realtors Association Building, 23 Oak Branch Dr., Greensboro, NC 27407.

This social event, which replaces Bosses' Night, is a perfect opportunity to relax, network and enjoy the company of your fellow GMDM members in a fun setting.

We will recognize current and former members and others, highlight community service projects and thank sponsors while enjoying great food, drinks, music and more.

Attendance is free for GMDM members, leadership of GMDM member organizations/practices, and providers. Additional guests are \$35 each.

All must RSVP by Oct. 13, 2023, to [nedra.baldwin@pacetriad.org](mailto:nedra.baldwin@pacetriad.org). Professional attire is requested.

**More information:** Contact Nedra Baldwin, Annual Recognition chair, at 336-550-4054 or the email above.

**GMDM Annual Recognition Event**  
**Thursday, Oct. 26, 2023**

5:30 - 6:00 p.m. - Networking and Cocktails  
6:00 - 7:00 p.m. - Program and Dinner  
7:00 - 7:30 p.m. - Entertainment and More

**Members attend free!**  
**Sponsors needed. See the enclosed insert for details.**



*These 11 past presidents of GMDM were among the attendees who enjoyed socializing and celebrating GMDM at our 2022 annual recognition event, Bosses' Night.*



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