

A Monthly Newsletter



Happy July 4th!



July 2022

2022 GOLF TOURNEY CHAMPS



THE WINNING TEAM, left to right, with a score of 55: Scott Yingling, Drew Davis, Jeremy Rudock and Jim Price

Taking second place were Ron Brady, Chuck Smith, Craig Sturdivant and Keith Thomas with a score of 56. The third place team players were Jeff Shell, Jeff Payne, Bill Harris and Norm Hemberg with a score of 57.

More golf info on Pages 3 and 5.

GOLF TOURNAMENT VOLUNTEERS



Seated left to right: Lisa Haymore, Sassy Howard, Angie Whitfield, Danny Rudisill, Misti Sellars. Back row: Pamela Olson, Allison Fuqua, Sherry Nance, Teresa Rakestraw, Lisa Hmiel, Bruce Barton, Kevin Pearce, Tyler Hmiel. (Not pictured: Bob Ring)

Our thanks to all of the volunteers and especially to Bruce Barton, chair of the Golf Committee, for a successful 10th tournament.

ABOUT THE PROGRAM

2022 Scholarship Awards and presentation by Lynne Lewallen, professor and associate dean for academic affairs at the UNCG School of Nursing. Her topic is “The Effects of COVID-19 on Nursing Education.”

ABOUT THE SPEAKERS

Lewallen has been a nurse educator for more than 25 years, and has presented and published research on the topic of clinical evaluation and the determination of competence in nursing students and new graduate nurses.



NEXT MEETING

RESERVATIONS ARE REQUIRED

Date and Time:

Wednesday, July 20, 2022
 11:45–1:00 p.m.

Meeting Place:

Starmount Forest Country Club

Program:

“The Effects of COVID-19 on Nursing Education”

Speaker:

Lynne Lewallen, Professor and Associate Dean for Academic Affairs
 UNCG School of Nursing

Cost: \$25.00 for a guest

UPCOMING EVENTS

August School Supply Drive Luncheon – August 17, 2022

Bosses’ Night – October 13, 2022

MORE INFO INSIDE

THINGS WE CAN LEARN FROM A DOG



Never pass up the opportunity to go for a joyride.

Allow the experiences of fresh air and the wind in your face to be pure ecstasy.

When loved ones come home, always run to greet them.

When it's in your best interest, practice obedience.

Let others know when they've invaded your territory.

Take naps, and stretch before rising.

Run, romp and play daily.

Eat with gusto and enthusiasm.

Be loyal.

Never pretend to be something you're not.

If what you want lies buried, dig until you find it.

When someone is having a bad day, be silent, sit close by and nuzzle him or her gently.

Thrive on attention, and let people touch you.

Avoid biting when a simple growl will do.

On hot days, drink lots of water and lie under a shady tree.

When you're happy, dance around and wag your entire body.

No matter how often you're scolded, don't buy into the guilt thing and pout ... Run right back and make friends.

Delight in the simply joys of a long walk.

GETTING TO KNOW YOU – ACTIVE MEMBER

NAME AND PRESENT POSITION:

Pamela Olson is the transitional services coordinator for Pennybyrn.



GMDM COMMITTEES:

Membership Committee and Golf Committee, Secretary (2018), President-Elect (2019), President (2020), Past President (2021).

OTHER CLUBS/ORGANIZATIONS:

Leadership Greensboro graduate (2012), Guilford County Schools Key Communicator, Triad Retirement Living Association, and Advisory Committee for Greater Greensboro Senior Games.

HOMETOWN: Originally from Parsons, TN, population 2,400. My parents reside there in the same home I was raised in. The day after I graduated from Murray State University, I moved to Greensboro and have been here ever since!

EDUCATION: Bachelor of Science from Murray State University. Major in public relations; minor in organizational communication.

FAMILY: I am married to my college sweetheart, Tyler, and we are proud parents to two of the most amazing children: Brooks (10) and Illa June (7). We also have 2 four-legged babies, Jasper James and Luna Ivy. Both are Goldendoodles.

HOBBIES: I love being outdoors, especially in one of my four flower gardens. My family loves hiking and exploring the trails that Greensboro has to offer. I enjoy yoga and working out. My son Brooks plays travel soccer. I love cheering for him and his team!

ONE OF THE THINGS I'VE LEARNED THROUGH GMDM:

I love that this organization continuously discovers opportunities to give back to those in our community. I attended my first meeting as a guest in 2011. It was one where scholarships were being awarded. After that experience, I knew I wanted to be a part of GMDM.

I WOULD LIKE PEOPLE TO REMEMBER ME:

As someone who is fun, optimistic and willing to help others.

WAYS TO RELAX: Getting a massage, acupuncture or yoga!

COMFORT FOOD: Being from the South, I have many: my mom's chicken and dumplings, fried chocolate pies and macaroni and cheese definitely top my list!

FAVORITE TRAVEL SPOT: I love the mountains!

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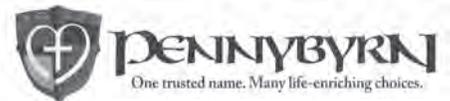
Danny Rudisill, President

ONE THING WE DO NOT KNOW ABOUT YOU:

I was a college cheerleader ... Go, Racers!

OUR SPOTLIGHT THIS MONTH

IS ON:



Pennybyrn is excited to introduce The Lillian Congdon Transitional Rehab Center, a standalone facility opened in July 2022! The Lillian Congdon Transitional Rehab Center offers innovative accommodations for inpatient rehabilitative care, a service Pennybyrn has provided for the past several years. The stunning 25,000-square-foot facility includes 24 large private suites with in-suite bath, a state-of-the-art commercial kitchen managed by a dedicated chef, and an 1,800-square-foot therapy gym, also with state-of-the-art equipment. In addition, there are large, inviting common area spaces, which include a living room, dining room, den and sunroom, as well as covered porches and a peaceful, inviting therapy garden. The expansion will allow Pennybyrn the opportunity to expand their therapy services to provide outpatient therapy. The Pennybyrn community offers independent living apartments and cottages, assisted living apartments, memory support services, skilled nursing, short term transitional rehabilitation services, and outpatient therapy services.



The Lawyer's Corner

By Karen McKeithen Schaede

KSchaede@Revolution.Law

Q: What is the guidance on permitted telehealth and the Health Insurance Portability and Accountability Act (HIPAA)?

A: Recent Department of Health and Human Services guidance affirmed and encouraged telehealth care beyond the current public health emergency by laying out some key HIPAA security considerations.

Mitigating the environmental risks for the covered entity and identifying the party on the other side of the line are straightforward; these are often already established practices. Telehealth demands a thorough vetting of the technology being used to communicate. Methods where the access to PHI is purely transient, such as traditional telephone services, may lie outside of HIPAA's security requirements as mere conduits for communication. However, the multitude of applications, meeting services, messenger services and Voice over Internet Protocol technologies (VoIP) likely must meet HIPAA's security standards.

These alternative technologies can increase the risk of interception, lack necessary encryption, generate unsecured PHI, lack proper authentication, and potentially require a business associate agreement depending on the nature of the product or service. While it may limit options for covered entities to connect live with patients, awareness of where security requirements apply to the technology used in a telehealth setting is vital as it impacts the confidentiality, integrity and availability of PHI.

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EMBRACE COMMONALITY

It takes little skill to recognize differences.

Within moments of walking into a room, we easily identify areas of human differentiation: gender, race, generations ...

It's important to acknowledge, embrace and value the diversity represented in all of us. And ... there's so much more to explore.

Concealed just beyond potential barriers of difference, awaits the wonderful expanse of human commonality. And more importantly, human community.

Courage, skill and discipline are required to venture there:

- **Courage** to replace our yoke of judgement with genuine curiosity.
- **Skill** to ask thoughtful questions.
- **Discipline** to listen. Really listen.

When we're willing to take the risk to see and be seen past our differences, we are able to unite through the wonder of human connection.



Today, consider how you can express your courage, skill, and discipline to move beyond differences and embrace commonality.

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Please keep us in mind for your next printing or promotional project! Please contact GMDM member **Danny Rudisill** at 336-273-2120.



THE PUZZLER???

What is a hot dog topper? (Starts with an "s")

1. Look for the answer in one of the ads.
2. Identify the answer and the ad in which the answer appears.
3. Email the answer and the name of the ad in which the answer appears to

Shay Rumsey at shayrumsey@northstate.net

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GMDM AUGUST SCHOOL SUPPLY DRIVE

MEMBERS:

Please bring your school supply donations to the August meeting.

Most-requested items are:

- pencils, copy paper, construction paper, colored pencils, markers, post-it notes, scissors, scientific calculators, hand sanitizer, tissues and marble notebooks.



Supply drives help stock the warehouse shelves with much-needed supplies.

"The average teacher spends \$1,000 or more out of their own pockets each year on classroom supplies."

The warehouse is open year-round, and Guilford County Schools (GCS) teachers are able to shop there up to four times a year for supplies – all at no cost.

BRING SUPPLIES TO AUGUST LUNCHEON!

GOLF TOURNAMENT CHARITIES

\$3,000 from the golf tournament proceeds is being donated to each charity.



The Rady Lady Foundation, Inc.

This foundation brings awareness to all cancer types and illnesses, sends support packages to individuals during their difficult journey, and provides financial assistance to individuals diagnosed with cancer, illnesses, other life-threatening or life-changing illnesses and hardships. It also designs and donates dolls to individuals and treatment centers.



Guilford Medical & Dental Managers is invested in the future of our medical and dental practices and the care they provide to our community. Each year, GMDM provides scholarships to high-achieving local college students pursuing medical and dental careers.

BOSSSES' NIGHT: SAVE THE DATE!

There is no regular meeting in October.

GMDM Reflections: Celebrating 40-Plus Years of Education, Networking and Service

(Bosses' Night event)

Thursday, October 13, 2022, 5:30 pm – 7:30 pm

The Greene Room, Natty Greene's Brewing Company, 345 S. Elm St., Greensboro, NC 27401

Enjoy great food, drinks and entertainment as we celebrate GMDM accomplishments, recognize practice leadership and sponsors and salute current and former members.

This is a great opportunity to advertise your business/organization as a sponsor. The sponsor levels are Platinum: \$2,000 or more; Gold: \$1,000; Silver: \$500 and Bronze: \$250. See the insert for details or call Nedra Baldwin, Bosses' Night chair, at 336-550-4054 or email her at: nedra.baldwin@pacetriad.org.



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