



Join Us for a HoHoHoliday Luncheon on December 17

Take a break from the holiday rush and join us for a merry time! We'll enjoy a festive meal together, do some networking, play a fun game and celebrate another year of GMDM making a difference in our community.

At the luncheon, we will:

- ▲ **Hear from Tyler Dixon, executive director of Heroes Center**, the charity benefiting from this year's GMDM Charity Classic golf tournament, about his organization's work serving the needs of veterans in our area.
- ▲ **Play our own version of holiday bingo, WITH PRIZES.**
- ▲ **Learn about committees and other ways to get involved in GMDM.** Join a committee to get more from GMDM. See "Ways to Get Involved" on Page 2 for brief information.
- ▲ **Sign up for Member Tables and to provide the Puzzler Prize at a 2026 luncheon.** Don't miss these opportunities to promote your business with your fellow members.

Luncheon Details

WHEN: 11:45 – 1:00 p.m., Wednesday, Dec. 17, 2025

WHERE: Meeting Room 3, Special Events Center, Greensboro Complex (See details on Maps, Pages 6–7)

COST: Free with membership; \$35 for guests

RSVP: Click [here](#) to log in and register for the luncheon

RESERVATIONS REQUIRED; PLEASE NOTE ANY DIETARY RESTRICTIONS

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A BIG THANKS to all who brought gifts for the GYC

SANTA'S WORKSHOP to the Nov. 19 luncheon!

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MESSAGE FROM THE PRESIDENT

by Scott Reinecke



As we close out another remarkable year with GMDM, I want to extend my heartfelt appreciation to each of you for your continued dedication to our organization and to the work you do every day in our healthcare community.

December is always a time to reflect, to celebrate our accomplishments, and to acknowledge the individuals whose contributions help strengthen our mission and impact.

This year, I am especially grateful for the generosity shown toward our community service projects, including the Greensboro Youth Council's Santa's Workshop. Your contributions – whether financial, through time, or through coordination – make a meaningful difference for those we support during this season.

The compassion and commitment demonstrated by our members truly embodies the spirit of GMDM, and I want to personally thank everyone who participated.

Looking ahead to 2026, I'm excited about the opportunities before us and the continued collaboration that makes our organization exceptional. Thank you for your engagement, your passion and your ongoing dedication. I wish you and your families a joyful and peaceful holiday season.

Do you have questions or comments about GMDM? Email President Scott Reinecke at scott.reinecke@griswoldcare.com.

Ways to Get Involved in GMDM



GMDM is more than a series of luncheon meetings with great speakers! It takes a group of volunteers serving as officers, chairs and committee members to keep the organization running and meeting member and community needs. If you haven't signed up for a committee, here are some ways you can help. You can learn more about each committee and sign up at the December luncheon.

COMMUNITY SERVICE: Need a chair and members for this committee, which develops our community service events, such as food and holiday drives.

MEMBERSHIP-HOSPITALITY: Need a chair and members for this committee, which recruits and supports GMDM members. This is a fun committee that sometimes hosts after-hours mixers.

SCHOLARSHIPS: Need members to help vet applications for GMDM's annual scholarships. This is once a year and doesn't take a lot of time.

GOLF TOURNAMENT: Need a chair and members for this committee that plans and staffs GMDM's annual charity golf tournament, which raises money for our scholarships and for a community organization.

SOCIAL MEDIA: Need someone who enjoys Facebook to post GMDM news there. Also need someone with WordPress experience (or willing to learn – we'll teach you) to help manage our website.

EDUCATION: Need members for this committee, which plans the programs for our monthly luncheons.

COMMUNICATIONS/MEMBER TABLES: Need a committee member to handle reminders for member tables. An easy, once-a-month task.



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Pulse, the newsletter of Guilford Medical & Dental Managers, is published online monthly for members and other interested individuals.

More Info: Visit gmdm.org/advertising

Who Was Your Favorite 2025 Luncheon Speaker?



JANUARY:
Mentoring and Building Effective Teams.
Brian DeFord,
ActionCOACH



FEBRUARY:
What the Gut: The Key to Wellness.
Anne Doherty, Nutrition Care of the Triad



MARCH:
7 Habits of Less-Stressed People.
Leslie Speas,
InfluenceHR Consulting



APRIL:
Become the Guardian of Your IT Galaxy.
Rafe Martin,
ComTech



MAY:
The Employee Handbook: Important Updates.
Hunter Amos and Shauna Baker-Karl,
Tuggle Duggins Attorneys



JUNE:
Communication Is Care: Unlocking Better Experiences.
Marlee Foster and Katherine Clark, NP, Cone Health



JULY:
Self-Defense for Health Professionals.
Phillip Jones, Self-Defense Instructor



AUGUST:
Fewer Scripts, Better Outcomes. Jered Yalung, Options for Senior America



SEPTEMBER:
Medicare Challenges and Choices for 2026.
Jeff Shell, Health Insurance Shoppe



OCTOBER:
The Multi-Tasking Myth. Anthony Sali, PhD, Wake Forest University



NOVEMBER:
HIV: 40 Years of Research, Care and Hope. Jeffrey Hatcher, MD, Cone Health

Thanks to Nedra Baldwin of PACE of the Triad for developing our impressive list of speakers. Have a 2026 speaker suggestion? Email Nedra [here](#).

Thanks to GMDM's 2025 Newsletter Advertisers

Please consider using the following advertisers if you need their types of services in the coming year:

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The Puzzler???



In the movie Home Alone, where is Kevin's family going when they leave him behind?

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Getting to Know You: GMDM Representative



GINNY WILSON
MARKET DEVELOPMENT DIRECTOR
Options for Senior America

JOINED GMDM WHEN: Options for Senior America joined GMDM in early 2024, and I began attending meetings soon after that.

GMDM COMMITTEES YOU HAVE JOINED OR ARE INTERESTED IN JOINING: I was recently elected as treasurer of GMDM. I also am interested in the Membership-Hospitality and Community Service committees.

EDUCATION: BLS, Professional Studies, UNC Greensboro.

CLUBS/ORGANIZATIONS OUTSIDE GMDM: Membership co-chair, TRLA; board member, Shepherd's Center of Kernersville (beginning in 2026); project manager, Options for Others community initiative; coach, 13U Carolina Core girls soccer team.

HOBBIES: Coaching soccer, traveling, reading, exploring festivals and local events, and community volunteering.

WAYS TO RELAX: Going to breweries or festivals, spending time with family and going to the beach.

I WOULD LIKE PEOPLE TO REMEMBER ME AS: Someone who always showed up, cared deeply and made people feel seen and supported.

SOMETHING YOU MAY NOT KNOW ABOUT ME: I blend my passion for youth sports with my work in senior care through intergenerational projects and mentorship.

COMMENTS ABOUT GMDM: GMDM has been such a welcoming group. The relationships, collaboration and shared commitment to serving our community have already made a meaningful impact on me, both personally and professionally.

Renew Your Membership Today

We look forward to a great 2026, with you in our organization! Please pay your dues by Jan. 1, 2026. Invoices were emailed in early November. Questions? Email President Scott Reinecke at scott.reinecke@griswoldcare.com.

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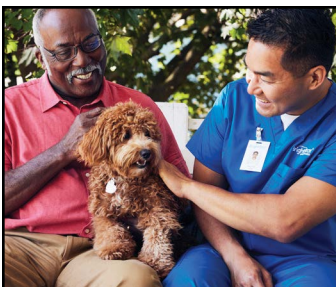
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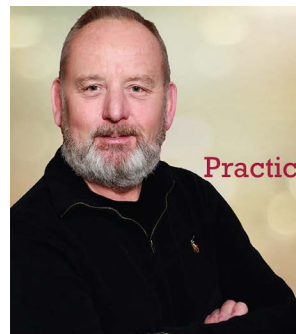
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Thanks to Everyone Who Brought a Toy for the GYC's Santa's Workshop



From baby dolls to kinetic sand and from STEM kits to sports balls, GMDM members helped make Christmas brighter for Greensboro children this year. Toys collected at our November meeting were donated to the Greensboro Youth Council Santa's Workshop, which creates a toy store where parents of children in need can shop for presents. Thanks to Jasia Nelson (third from right), the adult coordinator of the project, for attending and sharing information about the program.



Congratulations to our November GMDM luncheon prize winners (left to right):
Gwynda Liner of the office of Scott M. Jensen, DMD, PA, winner of a gift card from FirstLight Home Care, which had the Member Table; and **Jody Clayton** of Kisco Senior Living, winner of the Puzzler Prize, a \$25 restaurant gift card from Choice Care Navigators.



1st Place

Judge's Comment:
"Well-written. Striking and inventive layout and graphics."



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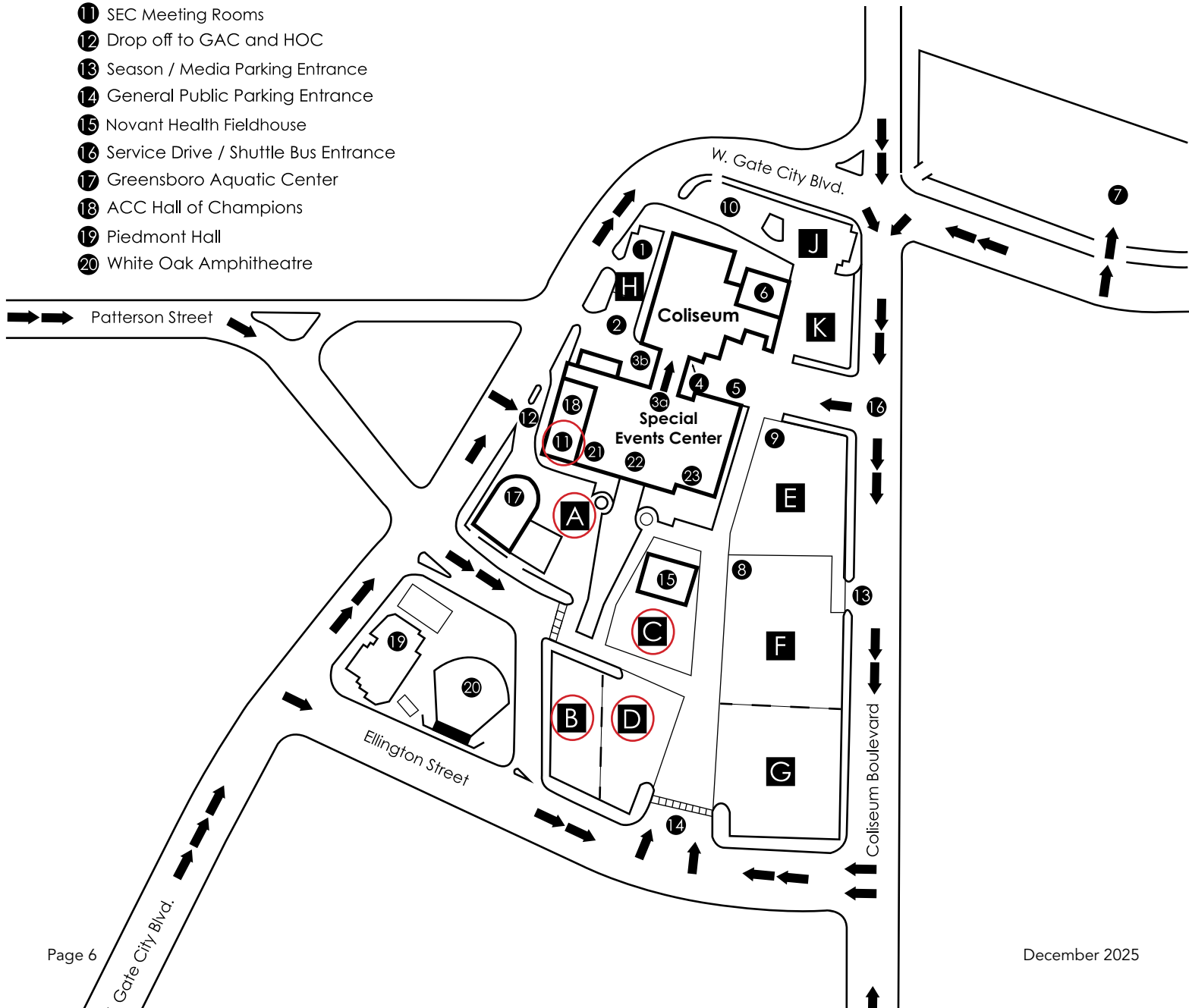
SERVING THESE COUNTIES

GMDM'S Luncheon location changed in June from Ovations Lounge to the Special Events Center in the Greensboro Complex (formerly the Greensboro Coliseum Complex). Below you can see the location of the SPECIAL EVENTS CENTER and NEARBY PARKING LOTS in the coliseum complex.



Greensboro Coliseum Complex | Parking

- | | |
|---|--------------------------------|
| 1 Coliseum Suite Parking | 21 Special Event Center Hall A |
| 2 Satellite / TV, Truck Parking | 22 Special Event Center Hall B |
| 3a Plaza Entrance | 23 Special Event Center Hall C |
| 3b Coliseum Load-In | |
| 4 Coliseum Operations Entrance | |
| 5 Backstage SEC Parking | |
| 6 The Terrace | |
| 7 UNCG Park n' Ride | |
| 8 Team / Cheerleading / Band Parking | |
| 9 Season Parking | |
| 10 VIP Parking | |
| 11 SEC Meeting Rooms | |
| 12 Drop off to GAC and HOC | |
| 13 Season / Media Parking Entrance | |
| 14 General Public Parking Entrance | |
| 15 Novant Health Fieldhouse | |
| 16 Service Drive / Shuttle Bus Entrance | |
| 17 Greensboro Aquatic Center | |
| 18 ACC Hall of Champions | |
| 19 Piedmont Hall | |
| 20 White Oak Amphitheatre | |



BELOW IS A MAP OF THE INTERIOR OF THE SPECIAL EVENTS CENTER, WHERE GMDM LUNCHEON MEETINGS WILL BE HELD FROM JUNE THROUGH DECEMBER.

The **RED ARROWS** show how to enter the SPECIAL EVENTS CENTER and find our rooms.

The **RED STARS** show our meeting locations.

JUNE: We met in the ACC Hall of Champions Board Room.

JULY – DECEMBER: We will be in Meeting Room 3, just a few feet away from our June meeting location.

