

A Monthly Newsletter

Happy Holidays

December 2020



GMDM Holiday Social

(No Monthly Lunch Meeting)

Dec. 16, 2020, 4 p.m. – 7 p.m.

Starmount Country Club Pool Terrace

(Masked, Socially Distant)


It's All For a Good "Claus"

~Prizes~

**1. No Finer Combination:
Lobster & Champagne Dinner for Two**

Provided by 

2. \$100 PrintWorks Gift Card

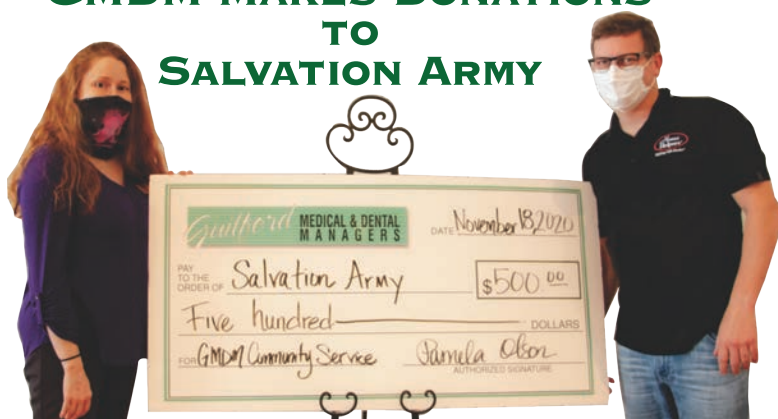
Provided by 
 formerly Hospice and Palliative Care
 of Greensboro and Alamance/Caswell

3. \$100 Spa Gift Card

Provided by Bruce Barton, Cone Health/CHMG
 Director of Business Development/
 Practice Enhancement
 Direct Dial: 336.663.5032
 Website: conehealth.com

4. 50/50 Raffle

COMMUNITY SERVICE PROJECT – GMDM MAKES DONATIONS TO SALVATION ARMY



Lisa Hartman (left), business office manager for the Salvation Army in Greensboro, accepts GMDM's \$500 donation to the Angel Tree program from Community Service chair Tyler Hmiel.

Our Community Service project for the Salvation Army benefited their Angel Tree program. GMDM members donated food gift cards for seniors and Walmart gift cards for children. In addition, GMDM made a \$500 donation to the Angel Tree program.



MESSAGE FROM THE PRESIDENT

Pamela Olson



As I am writing my last President's article, I would like to share that it has been a pleasure serving as your President. GMDM is an amazing organization that honors its mission by providing ongoing professional development, education and networking opportunities for members. I love the giving hearts of our GMDM members. The awarding of scholarship funds to deserving students in medical and dental fields and our support of several non-profit organizations is commendable. Members should be proud of the legacy of continued growth and professionalism that the organization has maintained.

Being President this year of GMDM has been a moment in time that I have thoroughly enjoyed and will hold close for a very long time. Thank you for allowing me to serve. A special thank you to all of the 2020 board members. Your dedication, support and hard work carried me through.

I am proud and thankful for the dedication of the officers, committee chairs and committee members who made calls, sent emails, coordinated, arranged, planned and so much more, to get the work of the organization done. Thank you to those who will continue to serve another term and those who are rotating from the board.

It has been my honor to serve as your President this year. Now, join me in welcoming your 2021 President, Chanel McKethan.



Happy holidays to you all!

Love,
Pamela

GETTING TO KNOW YOU – ASSOCIATE MEMBER

NAME AND PRESENT POSITION:

For 40 years, **WAYNE FORD** has been a Risk Management & Insurance Advisor with Innovative Financial Solutions, an independent financial services organization.



GMDM COMMITTEES: I have been an associate member for 19 years, and currently serve as the chair of the Program/Education Committee. I also chaired or co-chaired the Bosses' Night Committee for seven years.

OTHER CLUBS/ORGANIZATIONS:

Active in several professional organizations, including the Greensboro Estate Planning Council and the Greensboro Chapter of the Society of Financial Service Professionals. I am also active in the Greensboro Kiwanis Club and North Carolina Institute of Management Consultants.

HOMETOWN/FAMILY: Born and raised in Richmond, VA, and have lived in Greensboro for 45 years. Married to Myra Mayse of Boone for nine years. I have one daughter, Sandy, and one grandson, Drew. Since marrying Myra, I have also gained three stepchildren and five more grandchildren.

EDUCATION: B.A from Wake Forest University with a degree in political science and government. In addition, I have professional certifications in Long Term Care Planning (CLTC), Life Insurance Planning (CLU) and Financial & Retirement Planning (ChFC).

HOBBIES: Spending time with our six wonderful grandchildren, playing strategy board and card games, and working out.

ONE OF THE THINGS I'VE

LEARNED THROUGH GMDM: An appreciation of the dedication of the people who work in the field of medical care.

I WOULD LIKE PEOPLE TO REMEMBER ME BY MY LIFE'S

MOTTO: "Dance like no one is watching, sing like no one is listening, love like you've never been hurt, and live like it's heaven on earth." (Mark Twain)

WAYS TO RELAX: Spending time at my second home in Boone, going to movies, and watching college and pro football.

PIEDMONT PRINTING & GRAPHICS, INC.

We do it all!



Printing,
Graphics,
Apparel &
Promotional
Pyramids

- Great personal service
- Free typesetting on any existing business form

317 S. Westgate Dr. • Ste. A
Greensboro, NC 27407
(off Dundas near Pomona)

(336) 273-2120

Danny Rudisill, President

COMFORT FOODS: All seafood – fish, shrimp, lobster and crab.

FAVORITE TRAVEL SPOT: Second home in the mountains. Second favorite is Sanibel Island, FL.

COMMENTS ABOUT GMDM: A great organization of true professionals and good friends.

ONE THING WE DO NOT KNOW ABOUT YOU: I love playing Rummikub and other board games of strategy.

OUR SPOTLIGHT THIS MONTH

IS ON:



**INNOVATIVE
FINANCIAL
SOLUTIONS, LLC**

Innovative Financial Solutions offers services in two areas:

(A) Risk management for "Events that are out of your control" – such as a premature death, becoming dependent, suffering a long-term disability or needing long-term care services. We pride ourselves on being independent, by representing 30 quality insurance companies;

(B) Financial planning for "Events that you can control" – such as pre-retirement planning, post-retirement strategies, education savings, and tax-favored investment planning.

Our mission statement is: "We believe in always representing our clients **FIRST**, and the insurance companies second."



Ask The Lawyer

By Karen McKeithen Schaede

Send your questions to
KSchaede@Revolution.Law

Q: Is a contract enforceable in the COVID world?

A: It depends! Most contracts are interpreted in accordance with state law, and most have a provision identifying what state is controlling.

If two or more parties have entered into a contract, a party may have a defense to nonperformance if there is no way it can be done or it is impossible to do. This is called “impracticability” or “impossibility.” It depends on the state whether both are recognized.

Impossibility may be when performance is impossible by an act of God, the law or another party. This could be a flood; a law is passed, making the item illegal; or another party dies. The party showing impossibility must prove it is impossible, which is a very high bar. They must show it by “the greater weight of the evidence.” Failure to obtain financing is not an impossibility. If one party does not have the money, this is not an excuse.

Force majeure is another provision often seen in contracts. This usually excuses performance of one or both parties in the event of unforeseeable circumstances that would prevent the performance under the contract. This usually relates to being unable to perform due to natural disaster, war, terrorism, strike, labor trouble, or acts of God. Some contracts do excuse because of disease, but it must be specifically worded.

In summary, case law will tell in time how these laws will be treated. But, at present, it seems unless disease is specifically named, the party will not be excused from performance.

This article is for informational purposes only and not for the purpose of providing legal advice. You should contact your attorney to obtain advice with respect to any particular issue or problem. The information contained in this article does not create an attorney-client relationship between Revolution Law Group and the reader.

“The hardest arithmetic to master is that which enables us to count our blessings.”

– Eric Hoffer, *Reflections on the Human Condition*

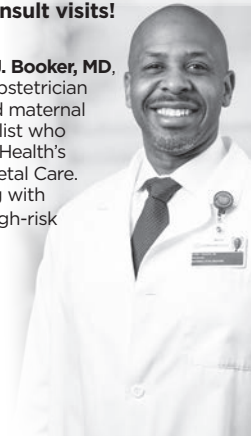
Exceptional Care for High-Risk Pregnancies

Available for same-day and/or scheduled *virtual* consult visits!



Ravi Shankar, MD, is board certified in maternal fetal medicine, obstetrics and gynecology. Dr. Ravi Shankar specializes in providing high-risk pregnancy care. He is Medical Director for Cone Health Center for Maternal Fetal Care.

Corenthian “Corey” J. Booker, MD, is a board-certified obstetrician and gynecologist and maternal fetal medicine specialist who recently joined Cone Health’s Center for Maternal Fetal Care. He enjoys connecting with families to address high-risk pregnancy needs.



CONE HEALTH
Center for Maternal Fetal Care

For scheduling, call **(336) 832-6986**.
Visit **ConeHealth.com** for more information.

520 N. Elam Avenue, Second Floor, Suite B, Greensboro, NC | Hours: **Monday - Friday, 8 a.m. - 5 p.m.**

The care between safety



Taking extra health and safety measures now during the COVID-19 pandemic is our way of helping patients stay in control of their long-term health.

GREENSBORO
IMAGING

greensboroiaging.com

and wellness.

BEFORE COVID-19



Left to right: GMDM members Kevin Pierce, Mary Jean Nelson, Allison Fuqua, Bruce Barton, Pamela Olson, Debi Bryant and Wayne Abraham.

THANKS TO OUR 2020 ADVERTISERS

The following advertisers help to make this newsletter possible financially. Their advertising fees help pay for the cost of newsletter production. Please support these advertisers when you have a need for their services. Contact numbers are available in their ads.

ADVERTISING, MARKETING

Thompson Communications
Deanna Thompson

PRINTING

Piedmont Printing & Graphics
Danny Rudisill

ADULT SERVICES

Home Instead Senior Care
Debi Bryant

RADIOLOGY SERVICES

Greensboro Imaging and The Breast Center of Greensboro Imaging
Mary Jean Nelson
Allison Fuqua

PACE of the Triad
Nedra Baldwin

Pennybyrn
Pamela Olson

Novant Health
Kate Murr

Well•Spring Solutions
Nicole Reynolds

REAL ESTATE

Brown Investment Properties
Bill Strickland

HOSPITAL/ MEDICAL GROUP

Cone Health Medical Group
Bruce Barton

Cone Health
Center for Maternal Fetal Health
Jo Andrews



MONTHLY E-COURAGEMENT

PROVIDED BY
RICH SCHLENTZ,
FOUNDER OF
EXTRAORDINARY! INC.
VISIT RICH AT
WWW.EXTRAORDINARYINC.COM
CONTACT HIM AT
RICH@EXTRAORDINARYINC.COM
336-317-4603



YOU'RE IN CHARGE

“Work harder on yourself than you do on your job.” – Jim Rohn

The best version of you is always in the making.

Or not.

If you want to experience lasting results, personal growth has to be a priority.

You may affirm this concept. Do you apply it?

Endless and constant demands vie for your attention.

They can't be ignored ... and they also don't rule over you.

Carving out time for yourself is not an unattainable luxury. It's a necessary choice.

Secure 15 minutes of distraction-free space on your calendar today. It's doable and desirable.

Here is your agenda. Think.

- How have you been neglecting yourself?
- How might you give yourself the attention you deserve?
- What is a major barrier to your growth and how can you overcome it?
- What new skills would serve you well?

Now, breathe. That's it. That's a start.

Tomorrow, take another small step toward who you want to become.

.....



THE PUZZLER ???

What are Egyptian tourist attractions?

1. Look for the answer in one of the ads.
2. Identify the answer and the ad in which the answer appears.
3. Email the answer and the name of the ad in which the answer appears to

Shay Rumsey at

shayrumsey@northstate.net



Imaging care on your schedule

Novant Health Imaging Triad

Finding time for an X-ray or CT scan can be hard to do — but Novant Health is making it easier with evening hours and walk-in appointments. At Novant Health Imaging Triad, you can schedule your scan during convenient weekday hours until 8 p.m., or opt for a same-day or walk-in visit. You'll also find lower prices than those at some competitors and board-certified radiologists who provide a remarkable experience at an unparalleled value.

To schedule an appointment, call 336-272-2162.



GMDM 2020 DURING THE PANDEMIC

MANY OF OUR ANNUAL SERVICE EVENTS AND OTHER 2020 GMDM PROJECTS WERE HALTED DUE TO THE PANDEMIC. FOLLOWING ARE SOME OF THE ACTIVITIES WE WERE ABLE TO MOVE FORWARD WITH.



OUR FIRST VIRTUAL MEETING IN APRIL 2020

Date and Time:
Thursday, April 23
Noon - 1 p.m.

Speaker: Matthew Hanis



Topic: "Trends in the Business of Healthcare: Using COVID-19 Chatbots to Triage Patients and How to Rapidly Virtualize Your Workforce"




LIVE GATHERINGS RESUMED IN OCTOBER, NOVEMBER AND DECEMBER

NOVEMBER MEETING:



CHRISTMAS PROJECT FOR THE SALVATION ARMY (SEE FRONT PAGE)

VIRTUAL MEETINGS CONTINUED



GMDM Scholarship Awarded

Guilford MEDICAL & DENTAL MANAGERS
DATE August 14, 2020
PAY TO THE ORDER OF Stefanie Allen \$1600.00
one thousand and 00/100 DOLLARS
FOR 2020 GMDM Scholarship
Janette J. Benington AUTHORIZED SIGNATURE



Cone Health Medical Group
Partnering for exceptional care.

BRUCE BARTON
Cone Health | CHMG
Director of Business Development / Practice Enhancement

Direct Dial: 336.663.5032 | Cell: 336.944.2969
Website: conehealth.com



PACE OF THE TRIAD

A Program of All-Inclusive Care for the Elderly



PACE of the Triad is a non-profit, community-based health and human services agency committed to the wellness of seniors and to improving the autonomy and quality of their lives.

For a tour or in-service for your staff, contact GMDM Member, Nedra Baldwin:

1471 E. Cone Blvd.
Greensboro, NC 27405
336-550-4040

www.pacetriad.org
info@pacetriad.org



PENNYBYRN
TRANSITIONAL REHAB
Restoring Strength & Returning Home

Schedule Your PERSONAL TOUR
Call 336-821-6548

100%
of Patients
are very satisfied with their rehabilitation experience, the highest possible score.

1315 GREENSBORO ROAD • PENNYBYRNLIVING.ORG



PO Box 10735
Greensboro, NC 27404-0735

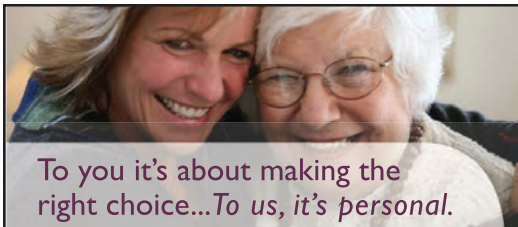


Targeted Marketing
for Your Company

- ▶ Advertising
- ▶ Websites
- ▶ Brochures
- ▶ Social Media
- ▶ Publicity
- ▶ Newsletters
- ▶ Logos



336-292-6041
deanna@thompsononline.biz
View an online portfolio at:
ThompsonOnline.biz



To you it's about making the
right choice...*To us, it's personal.*

Whether you are looking for someone to help you
or a loved one a few hours a week, or need more
comprehensive assistance, Home Instead can help.

- Companionship
- Meal Preparation
- Light Housekeeping
- Transportation/Errands
- Personal Care
- Dementia Care

Each Home Instead Senior Care franchise office is independently owned and operated. © 2014 Home Instead, Inc.

Call for a free, no-obligation appointment
366.294.0081

4615 Dundas Drive, Suite 101
Greensboro, NC 27407



To us, it's personal.
HomeInstead.com/311

SERVICES FOR ADULTS AT HOME

WellSpring
SOLUTIONS

- ▶ In-Home Care
- ▶ Adult Day Care
- ▶ Caregiver Support



well-springsolutions.org • 336-545-5377



Practicing Commercial
Real Estate by the
Golden Rule

Bill Strickland, CCIM
Commercial Real Estate Broker/
REALTOR®
bstrickland@bipinc.com
336.369.5974



CCIM IR www.bipinc.com