

A Monthly Newsletter



January 2019

33RD ANNUAL BOSSES' NIGHT



33rd Annual Bosses' Night

Wednesday, January 23, 2019 6 p.m. - 9 p.m.

The Art Shop

3900 W. Market St, Greensboro, NC

Cocktails • Heavy Hors d'Oeuvres • Art Education Speaker

**PLEASE RSVP TO KIMBERLY MIKAELIAN AT
KIMBERLY@DENTISTRYREVOLUTION.COM BY 1/10/19**

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FOR YOUR INFORMATION

LUNCHEON RSVP

Please RSVP via the website at www.gmdm.org. Select Log In, enter your password or request a new password, click on Events, select Calendar and register.

ABOUT THE PROGRAM

Update on the NC Medicaid Laws

ABOUT THE SPEAKER

Dave Richard is the deputy secretary, NC Medicaid, where he leads North Carolina's \$14-billion Medicaid and NC Health Choice programs for the state's Department of Health and Human Services (DHHS).



Dave Richard

Richard's vision is to ensure a sustainable, person-centered and innovative Medicaid program for more than 2 million North Carolinians who use Medicaid. He is committed to the fundamental goal of improving the health and well-being of all residents. Richard believes the right way to achieve success is to work closely with stakeholders in all aspects of Medicaid.

Prior to leading Medicaid, Richard was the deputy secretary for DHHS Behavioral Health and Developmental Disability Services and the State-Operated Healthcare Facilities divisions. Richard joined DHHS after leading The Arc of North Carolina, an advocacy and service organization for people with intellectual and developmental disabilities, as its executive director for 24 years.

Richard has a bachelor's degree in education from Louisiana State University.

ENTERTAINERS AT THE DECEMBER MEETING



Fred Astaire &
Ginger Rogers!
(aka Bruce
Barton & Jill
Vonderhaar)

Patsy Cline
(aka Lisa Dames)
&
guitarist



NEXT MEETING

RESERVATIONS ARE REQUIRED

Date and Time:

Wednesday, January 16, 2019
11:45–1:00 p.m.

Buffet line opens at 11:30 a.m.

Meeting Place:

Starmount Forest Country Club

Program:

Update on the NC Medicaid Laws

Speaker:

Dave Richard
Deputy Secretary, NC Medicaid

Cost: \$20.00 for a guest

Join • Connect • Grow



MESSAGE FROM THE PRESIDENT

Jamie Alston

Happy New Year, everyone! I am excited to be serving as your 2019 president. My predecessor, Nicole Reynolds, did nothing short of a fantastic job, and I can only hope to fulfill the role as easily as she made it seem. To our remaining 2018 Board members – Nedra Baldwin, Pamela Olson, Bruce Barton, Lisa Haymore, Teresa Rakestraw, Kimberly Mikaelian, Bob Ring, Shay Rumsey, Deanna Thompson, Wayne Ford, Wayne Abraham, Jill Vonderhaar, Hope Jensen and Allison Peschell – thank you for your time, your insight and your dedication to GMDM.

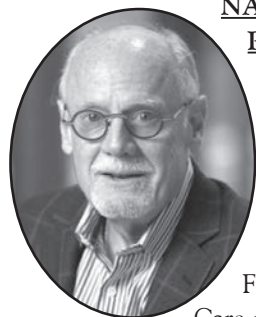
The most exciting part of a new year is the feeling of a fresh start. Beginning new. A clean slate. As we are starting anew in GMDM, take a moment to consider how you may contribute to bring new life into this wonderful organization. Would it be by serving on one of our many committees? Community Service, Golf Tournament, Membership, Scholarship, Collaborative Events and many more committees could greatly benefit from your presence. Would it be taking the lead role as the chair of one of the committees? GMDM is always looking for members who bring excitement, new ideas and passion. If this is something that sparks a fire in you, please feel free to see me or any Board member.

2019 promises to bring some exciting lunch speakers as well. Wayne Ford always does an excellent job of listening to our GMDM members. He brings to us people in our community and surrounding areas who are experts in their fields to educate, and sometimes entertain us, during our lunch time together. Keep in mind when you are adding the GMDM meeting to your calendar to invite a guest. New members are vital for growing our organization, and your word of mouth is better than any front-page article.

Remember to RSVP to Kimberly Mikaelian for Bosses' Night. Join us at The Art Shop for cocktails, heavy hors d'oeuvres and an art education speaker. Show your bosses how much you appreciate them and their support of your GMDM membership.

In closing, I want to remind you of one thing – GMDM is an organization dedicated to providing educational programs, networking support and personal growth opportunities. Are you utilizing everything we have to offer? Find out how you can get more involved today!

GETTING TO KNOW YOU – ACTIVE MEMBER



NAME AND PRESENT POSITION:
ROGET BERENDES is the vice president/co-owner of FirstLight Home Care of Guilford.

GMDM COMMITTEES: Proudly have served on the Golf Committee and the Scholarship Committee.

EDUCATION: BBA from Iona College, New Rochelle, NY.

HOMETOWN/FAMILY: Born and raised in Barrington, RI. I lived in Boston, Newton and Worcester, MA prior to waking up and moving to North Carolina. I have a daughter with two girls and a husband in Portland, ME, and a son with a S/O in Providence, RI.

HOBBIES: Our two standard poodles: Randy, 14 yrs., and Pierre, 20 months. Enjoy cooking and maintaining my credentials and relationships created through the years of having my furnishings interior design practice.

ONE OF THE THINGS I'VE LEARNED THROUGH GMDM:

The large number of caring medical professionals in the area.

I WOULD LIKE PEOPLE TO REMEMBER ME AS:

Passionate and a problem solver.

WAYS TO RELAX: Cooking, streaming a movie, walking the poodles.

COMFORT FOOD(S): Lobster, shrimp, homemade pasta sauce, popcorn.

FAVORITE TRAVEL SPOT: The Mediterranean; Costa Rica; Watch Hill, RI; Napa.

FAVORITE MUSIC/BOOK: Jazz, mysteries.

COMMENTS ABOUT GMDM: A great, caring group.

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Danny Rudisill, President

MISSION STATEMENT

GMDM is the premier professional organization for medical and dental practices in Guilford County, dedicated to providing timely educational programs, strong networking support and personal growth opportunities. Join. Connect. Grow.

OUR SPOTLIGHT THIS MONTH

IS ON:



For 20 years, we have been bathing helpers, organizers, cooks, problem solvers, huggers and more for those who want to enjoy warmth, independence and relaxed comfort in their own home, wherever that might be.

The administration includes Tina Shaeffer Glenn, president, founder, CEO, co-owner; Roget de Percin Berendes, vice president, co-owner.

The services provided include non-medical care in the home, wherever that might be, for Alzheimer's disease care, fall prevention, safety, bathing, toileting assistance, light housekeeping and socialization.

2018

LOOKING BACK AT 2018 EVENTS

Salvation Army
Toy Drive

NOVEMBER

Golf
Tournament

JUNE

Clothing Drive

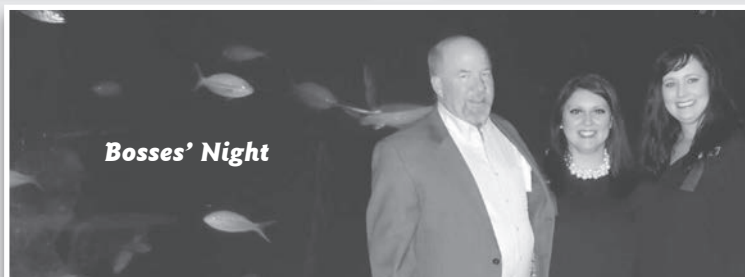


MAY

Teacher Supply
Warehouse

AUGUST

Bosses' Night



JANUARY

Scholarships



AUGUST

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PEOPLE ARE INTERESTING WHEN YOU BECOME INTERESTED

What if everyone was interesting?
Fascinating, even ...

Genuine interest, a few skilled questions, and a willingness to listen are the only tools needed to transform this "what if" into a "what is."

Just beyond the common differentiators of gender, generation and race ... vistas of commonalities, connections and coincidences are waiting to be uncovered and explored.

Test it out. Dedicate five minutes to inviting a colleague, friend or neighbor to thoughtfully reflect on one of these topics:

- Tell me about a person who has had a major impact on your life.
- If you could go back 10 years and give yourself some advice, what would it be?
- When people speak of you and you're not around, what do you want them to say?
- Tell me about a life challenge you've faced. How did you overcome it?
- What adventure or goal are you still hoping to embark on or accomplish one day?

People are interesting when you become interested.

THE PUZZLER ???

In which country would one find eight of the world's 10 highest mountains?



1. Look for the answer in one of the ads.
2. Identify the answer and the ad in which the answer appears.
3. Email the answer and name the ad in which the answer appears to Shay Rumsey at shayrumsey@northstate.net



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Ask The Lawyer

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Q: What should the employer do when an employee has exhausted their Family and Medical Leave Act allowance, but still isn't capable of coming back to work?

A: Once the employee uses up his or her Family and Medical Leave Act allowance, and doesn't have any PTO or unpaid leave available, then it is recommended to engage in the interactive process under the Americans with Disabilities Act. The "interactive process" is an informal discussion between the employer and the employee potentially in need of an accommodation. During this process, the employer is required to provide a description of the employee's job and determine which duties the employee can or cannot perform. After identifying the duties the employee cannot perform, the employer must attempt to agree on a reasonable accommodation with the employee.

The most common complaint usually stems from having back issues. Under the Americans with Disabilities Act, the employer is required to grant additional leave only if the employee has a qualifying disability that requires additional leave as a reasonable accommodation.

Although it is the employee's responsibility to request an accommodation, employers should proactively initiate the interactive process. When employers terminate those with disabilities who have exhausted their leave, it is common for courts to side with the Equal Employment Opportunity Commission and the employee. Therefore, it is important for employers to seek legal advice when addressing this type of scenario.

This article is for informational purposes only and not for the purpose of providing legal advice. You should contact your attorney to obtain advice with respect to any particular issue or problem. The information contained in this article does not create an attorney-client relationship between Connors Morgan PLLC and the reader.



Please mark your calendar for you and your boss to attend

Bosses' Night

January 23 at the Art Shop on W. Market Street

Be sure to RSVP



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just for fun

- Outpatient A person who has fainted
- Pelvis Second cousin to Elvis
- Post Operative A letter carrier
- Recovery Room Place to do upholstery
- Secretion Hiding something
- Seizure Roman emperor
- Tablet A small table
- Terminal Illness Getting sick at the airport
- Tumor One plus one more
- Urine Opposite of you're out



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