A Monthly Newsletter

HAPPY FATHER'S DAY JUNE 17

June 2018

MAY CLOTHING DRIVE



Jill Vonderhaar (left) and Hope Jensen (right), co-chairs of the Community Service Committee, and David Lane (middle), committee member, show off clothes that were donated by GMDM members to the Junior League's Bargain Box thrift shop.

In 1935, the Junior League Gift and Antique Shop became known as the Junior League Thrift Shop. The name was then changed to the Junior League Bargain Box in 1947. Since its founding, the Bargain Box has helped the Junior League of Greensboro fund nearly \$3 million of community projects.

The location of the Bargain Box is on 1410 Mill Street, near The Red Collection. **MEMBERS**: If you were not at the luncheon and have clothes to donate, please take them to the Bargain Box on Mill Street.

MEMBERS - PLEASE NOTE:

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GMDM's Community Service Committee: Two more drives coming up this year.



Teacher Supply Warehouse Drive

August 15 GMDM Luncheon -Bring school supplies to this luncheon.

Toy Drive for Salvation Army

November 28 GMDM Luncheon -Bring toys to this luncheon.

ABOUT THE PROGRAM

TITLE: "How to Transform Workplace Burnout into Workplace Inspiration"

ABOUT THE SPEAKER



Rich Schlentz

Rich Schlentz is founder of EXTRAordinary! Inc., a movement dedicated to reviving the global workplace, one culture at a time. An international consultant, speaker and leadership coach, Schlentz provides the tools to create "breakthrough" performance.

Schlentz helps organizations develop strategies to increase and foster engaging cultures, resulting in improved loyalty, creativity, innovation and profitability.

EXT MEETING

RESERVATIONS ARE REQUIRED

Date and Time:

Wednesday, June 20, 2018 11:30-1:00 p.m. Buffet line opens at 11:20 a.m.

Meeting Place:

Starmount Forest Country Club

Speaker:

Rich Schlentz President, EXTRAordinary! Inc.

Program:

How to Transform Workplace Burnout into Workplace Inspiration

Cost: \$20.00 for a guest

Join · Connect · Grow



MESSAGE FROM THE PRESIDENT

Nicole Reynolds

It's hard to believe we are halfway through 2018! As an organization, we have had a successful year so far.

We had an amazing Bosses' Night event, a successful food drive benefitting Greensboro Urban Ministry, and last month we collected clothing for the Junior League Bargain Box. Our success is due to all of you!

I continue to learn that in everything we do, we get out what we put in. This rings true in our relationships, our careers and all experiences we take on. I hope all of you will take this to heart and continue to play an active role in GMDM.

Whether it is taking on a board position, attending monthly membership meetings or contributing to our philanthropic events, your involvement is necessary to our organization. By playing an active role, you will reap what you sow. If you are interested in getting more involved, please let me know

I also want to take a minute to bid farewell to a woman who has given so much to GMDM, Judy West. Let her be an example of what GMDM is and will be for years to come. Thank you for your service, Judy. Your love for this organization is truly inspiring and we will miss you greatly.

Nicole

GETTING TO KNOW YOU - ACTIVE MEMBER



NAME AND **PRESENT** POSITION: **SCOTT** WHITT is the co-owner and general manager of Triad Clinical Trials.

GMDM JOINED WHEN?: Joined GMDM in April 2018.

CLUBS/ORGANIZATIONS

OUTSIDE GMDM: UNC-Kenan Flagler MBA Program: adjunct faculty.

EDUCATION: UNC-Greensboro, BA and MA.

HOMETOWN/FAMILY: Born in Toledo, Ohio; wife Catherine (co-owner); two boys: Connor, 14, and Bennett, 11; and daughter Heather, 34, recently married!

HOBBIES: Tennis, yoga, cooking.

ONE OF THE THINGS I'VE **LEARNED THROUGH GMDM:** How open and friendly this group of colleagues can be!

I WOULD LIKE PEOPLE TO

REMEMBER ME AS: A good tennis player and a great cook who made real contributions in healthcare and to the people he worked with.

WAYS TO RELAX: Growing a small business; not familiar with this word "relax."

FAVORITE MUSIC/BOOK: Love straight-ahead jazz; enjoy historical biographies.

COMFORT FOOD: Everything – a real omnivore!

COMMENTS ABOUT GMDM:

Looking forward to helping the organization grow.

OUR SPOTLIGHT THIS MONTH

IS ON:

TRIAD CLINICAL TRIALS

 $W_{
m e}$ run clinical trials for many pharmaceutical companies. Triad Clinical Trials (TCT) is consistently one of the highest enrolling sites in the country, which has a lot to do with the local community. That said, there is a great opportunity to expand research here in Guilford County.

Our Medical Director is Dr. Richard Montgomery, and we are always looking to work with interested local physicians as investigators and sub-investigators.

We currently have trials in:

• Diabetes

• Gout

- Alzheimer's Prevention
- Heart Failure Low Testosterone
 - Lactose Intolerance

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(336) 273-2120 Danny Rudisill, President

GMDM is the premier professional organization for medical and dental practices in Guilford County, dedicated to providing timely educational programs, strong networking support and personal growth opportunities. Join. Connect. Grow.

Join us at the Seventh Annual



Starmount Forest Golf Club June 13, 2018 Captain's Choice

Registration and breakfast: 7:30 a.m. Shotgun start: 9 a.m.

A MESSAGE TO GMDM MEMBERS FROM JUDY WEST, WHO RETIRED IN MAY

As I am writing this, a new chapter in my life begins. After working for more than 50 years, I am retiring. A happy time, yet sad in many ways.

It is hard to realize I no longer must work five days a week in my office, where I have spent the last 16½ years at a job I truly love and will miss. I do not know where time has gone. It seems like yesterday that I moved to Greensboro and started work for Well • Spring Solutions, formerly the Adult Center for Enrichment, beginning a career in the nonprofit world where helping people is more important than money. Not that money isn't important, but it certainly isn't the primary focus.

Meeting the people of Greensboro and learning new ways of life, joining organizations like GMDM, the Chamber Ambassadors, working with the United Way Campaign, truly becoming part of a community that gives to others – I wouldn't trade any of those things.

As you read this, I hope each of you stops and thinks about what your job, GMDM and any other organization bring to your life. Of course, the important question is: What are you putting into each of those

A MESSAGE continued on Page 5



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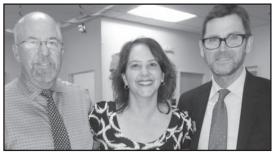
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GMDM Members Attending Judy's Party



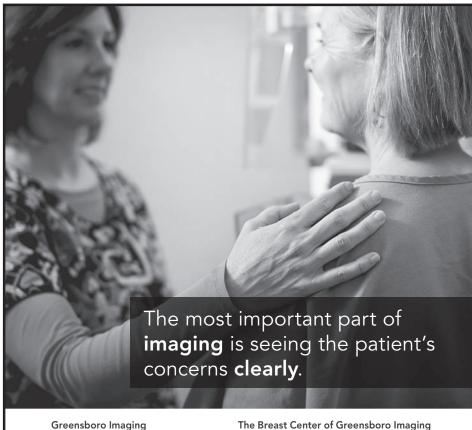
Standing left to right:
Nedra Baldwin, Lisa
Haymore, Nicole
Reynolds, Bruce Barton,
Shay Rumsey and
Rob French – new
Well • Spring member.
Seated: Judy West





Bruce Barton, Jody Kolada, Rob French

Judy West and Bruce Barton



336.433.5000 315 W. Wendover Ave.

301 E. Wendover Ave. at Wendover Medical Center

The Triad's leader in outpatient diagnostic imaging.

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MONTHLY E-COURAGEMENT

PROVIDED BY RICH SCHLENTZ, FOUNDER OF EXTRAORDINARY! INC.
VISIT RICH AT WWW.EXTRAORDINARYINC.COM
CONTACT HIM AT RICH@EXTRAORDINARYINC.COM
336-317-4603



THE ONE TYPE OF PERSON YOU CAN'T REASON WITH

 $P_{
m eople}$ and teams capable of resolving conflict are more innovative, engaged and productive than those stuck in a dispute.

Whether you're motivated by internal desire or external pressure to tackle an issue, a fundamental truth can't be ignored:

Relationship precedes resolution.

The one type of person you can't reason with is the person you don't take the time to know.

Digging the foundation of a strong and meaningful relationship is necessary if you want to move from avoiding issues to addressing them.

Knowing your colleagues solely from a professional point-of-view isn't enough.

Take the initiative to know them as people.

Push yourself past the "Hey, how are you?... Fine, how are you?" existence.

Ask about family, hobbies, a favorite vacation, a significant life achievement, future goals, or what motivates them.

Do the work up front so when inevitable conflicts arise, you're positioned to resolve the issue, preserve the relationship, and forge a more resilient partnership going forward.



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Imaging care on your schedule

Novant Health Imaging Triad

Finding time for an X-ray or CT scan can be hard to do — but Novant Health is making it easier with evening hours and walk-in appointments. At Novant Health Imaging Triad, you can schedule your scan during convenient weekday hours until 8 p.m., or opt for a same-day or walk-in visit. You'll also find lower prices than those at some competitors and board-certified radiologists who provide a remarkable experience at an unparalleled value.

To schedule an appointment, call 336-272-2162.

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THANKS TO OUR ADVERTISER



A Life Plan Community

Sponsored by the Sisters of the Poor Servants of the Mother of God All faiths welcome.

For more than 70 years, Pennybyrn has been the leader in providing innovative and compassionate care for older adults. Located on 71 beautiful acres, Pennybyrn continues its not-for-profit mission to serve all faiths, while nurturing a loving, warm and respectful way of life that honors the dignity of each person.

The campus style community offers:

- Independent living apartments and cottages
- Assisted living, memory support
- Healthcare households
- Transitional short-term rehab

All of the care services are available to all area residents, not just existing residents of the community. The intimate environment, picturesque mature neighborhood setting and rich tradition of the sponsors, the Sisters of the Poor Servants of the Mother of God, blend to create a lifestyle rich in choice and personal fulfillment.

Pennybryn is represented in GMDM by **Pamela Olson**, transitional services coordinator, Pennybyrn Transitional Rehab.

Aerial view of Pennybyrn campus



THE PUZZLER ???

Who was the first woman to be inducted into the Rock 'n Roll Hall of Fame?

- 1. Look for the answer in one of the ads.
- 2. Identify the <u>answer and the ad in which</u> the answer appears.
- 3. Email the <u>answer</u> and <u>name the ad in</u> <u>which the answer appears</u> to Shay Rumsey at shayrumsey@northstate.net



Ask The Lawyer

By Karen McKeithen Schaede

Have a question about the law? Send your questions to KSchaede@ConnorsMorgan.com



What happens if someone in healthcare violates HIPAA? My physicians are not convinced that any action will be taken.

(the Health Insurance and Portability Act of 1996) can create criminal – as well as civil – liability. On April 30, 2018, a federal jury in Massachusetts convicted a physician of a criminal violation of HIPAA in a case resulting from a Department of Justice (DOJ) investigation. The physician was found to have violated HIPAA by sharing confidential patient information with pharmaceutical sales representatives, allowing the company to target certain patients. In addition to the HIPAA violation, the physician was convicted of obstructing an investigation.

Earlier, as part of a \$125-million settlement, the pharmaceutical company had pleaded guilty to felony health care fraud arising from alleged illegal marketing practices.

The physician faces up to one year in prison and/or a fine of \$50,000 and one year of supervised release on the HIPAA charge. The sentence could be as much as five years in prison, three years of supervised release and a \$250,000 fine for the obstruction charge.

This article is for informational purposes only and not for the purpose of providing legal advice. You should contact your attorney to obtain advice with respect to any particular issue or problem. The information contained in this article does not create an attorney-client relationship between Connors Morgan PLLC and the reader.



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A Program of All-Inclusive Care for the Elderly



PACE of the Triad is a non-profit, community-based health and human services agency committed to the wellness of seniors and to improving the autonomy and quality of their lives.

For a tour or inservice for your staff, contact GMDM Member, Nedra Baldwin:

> 1471 E. Cone Blvd. Greensboro, NC 27405

> > 336-550-4040

www.pacetriad.org info@pacetriad.org

A MESSAGE continued from Page 5



Participants helping celebrate Judy West at her retirement party.

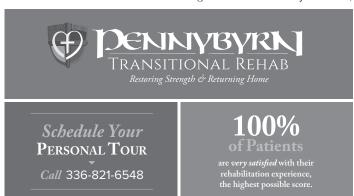
things? If you aren't participating fully by being engaged each day in them, you are missing out on the benefits.

GMDM means a great deal to me. It has added to my professional and personal growth. I have met a lot of good people, people who care about each other and their community. I feel several of you have become true friends, and for that I am very thankful.

Take a moment and examine what GMDM means to YOU. Are you on a committee? Are you coming to meetings and fully engaging with others? If you are not, then you are missing the benefits of meeting new people, doing good for others, and furthering your knowledge about issues in your everyday work life. Life is short. Don't let it pass you by – live it to the fullest!

Thank you for the support, the friendship and the helping hand each of you give daily. I look forward to seeing you at meetings in my new status as an honorary member.

Judy served on every GMDM committee and has held several offices, in addition to serving twice as President of GMDM,



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